



## Fact Sheet

### HASI in the Home Coonamble

Updated: 1 August 2009

HASI in the Home aims to assist people with a diagnosed mental illness or low levels of psychiatric disability participate in their community, maintain their housing, reduce hospitalisation rates and improve their quality of life.

#### Target Groups

**People with a diagnosed mental illness that require low or medium levels of support who will benefit from participating in the program.**

- Aged 16 years and above.
- Low or medium levels of psychiatric disability.
- Have a high level of functioning most of the time.

#### Service Activities

Provide holistic case management including case planning, assessment and review.  
Develop and maintain relationships with other agencies  
Provide advocacy and referrals for clients  
Conduct Home visits and assists with transportation to appointments and activities.

#### Outcomes

Reduced demand on emergency and health services, reduction in costs to health system  
Clients are connected to the community and have improved social inclusion  
Clients have greater levels and duration of recovery and rehabilitation  
Clients are maintaining their tenancy  
Clients have improved relationships with housing provider  
Clients have improved mental and physical health and emotional wellbeing

#### Example 1:

The HASI in the Home program has supported a client A HASI in the Home client, who lives out of town, on his family farm. The client started on the HASI Program in January 2009.

The client feels very anxious when coming into town and tends to isolate himself on the family farm which can create a lot of stress on the other family members.

The client has regularly scheduled visits every three months to a private hospital for respite care and to participate in rehabilitation programs. The clients last stay was in March 2009 his next schedule stay is in June 09. The client has decided he does not need to attend this time as he feels his coping skills and general mood have improved since participating in the HASI in the Home program.

The client's mother commented that she has received a phone call from his Doctor to ask her if she has noticed an improvement in her son's mood and anxiety levels. The clients the mother has commented that she has seen an improvement with his mood and anxiety levels.

The client and his family have stated how beneficial the support from the program has been for him.

The client is now talking about doing a TAFE course.

#### Example 2:

Last year we provided intensive holistic case management for up to 10 people. By engaging with our service clients gained assistance with material aid, family issues, legal issues, physical and mental health, employment support, budgeting, education and training, and social contacts.

#### Funding Sources

**HASI in the Home is funded by GWAHS**

#### Mission Australia

Mission Australia is one of the nation's leading charities and community service organisations, having helped change the lives of individuals and families in need for almost 150 years. Mission Australia's vision is 'to see a fairer Australia by enabling people in need to find pathways to a better life'. Mission Australia currently operates more than 450 services throughout metropolitan, rural and regional Australia – in every state and territory. Our services are made up of community, employment and training services aiming to provide:

- Pathways away from homelessness;
- Pathways to strong families and healthy, happy children;
- Pathways through a successful youth;
- Pathways to skills and qualifications.

#### Contact Information

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